

2019 Michigan HS Indoor Track Elite Girls

Includes all meets, including non-MITS events. Shows school affiliations and years for informational purposes, even though no Michigan athletes compete for their schools until the MHSAA season opens.

+ = converted time; # (after team) = relay team probably composed of runners from different schools, or not known; # (after time) = en route time recorded on way to longer distance; (!) = in a field event listing indicates an ancillary mark made in competition.

Relay names/splits: to give the athletes the credit they are due, we are trying to include relay names/splits whenever we can for top marks that might make the all-time lists—help us out there by letting us know. Splits need to add to the total official time, so occasionally I will add a tenth or two, usually to the first runner.

To make corrections: send a note to jeffhollobaugh@aol.com

Updated 3/28

55 METERS

6.92#	Kaila Jackson (Detroit Renaissance)9	New York/New Balance Nationals (60) (h) .	3/10/2019
6.94#	Jackson	New York/New Balance Nationals (60)	3/10/2019
7.25#	Olivia Jenkins (Detroit Renaissance)9	New York/New Balance Nationals (60) (h)	3/10/2019
7.26#	Ava Qe-Neisha Young (East Kentwood)11	New York/New Balance Nationals (60) (h) ..	3/ 8/2019
7.27#	Jenkins	New York/New Balance Nationals (60)	3/10/2019
7.28#	Katy Rush (West Bloomfield)11	New York/New Balance Nationals (60) (h) ..	3/ 8/2019

60 METERS

7.44	Kaila Jackson (Detroit Renaissance)9	New York/New Balance Nationals (h)	3/10/2019
7.46	Jackson	New York/New Balance Nationals	3/10/2019
7.50	Jackson	Ypsilanti/MITS State (s)	2/23/2019
7.50	Jackson	Ypsilanti/MITS State	2/24/2019
7.57	Jackson	Hillsdale/Charger Elite	1/26/2019
7.57	Jackson	Saginaw/MITS (h)	2/16/2019
7.59	Jackson	Saginaw/MITS	1/19/2019
7.59	Jackson	Hillsdale/Charger Elite (h)	1/26/2019
7.59	Jackson	Ypsilanti/MITS State (h)	2/23/2019
7.62	Jackson	Geneva/SPIRE Scholastic Showcase (h) ..	2/10/2019
7.63	Jackson	Ypsilanti/MITS	1/ 5/2019
7.63	Jackson	Ypsilanti/MITS	2/ 2/2019
7.65	Leeah Burr (Detroit Renaissance)9	Saginaw/MITS	2/16/2019
7.66	Jackson	Houston/Lewis Inv (h)	1/12/2019
7.66	Jackson	Houston/Lewis Inv	1/12/2019
7.67	BreeAna Bates (Dearborn Edsel Ford)10	Hillsdale/Charger Elite	1/26/2019
7.67	Jackson	Ypsilanti/Huron Relays (small)	3/22/2019
7.68	Jackson	Houston/Lewis Inv (s)	1/12/2019
7.68	Jackson	Ypsilanti/Huron Relays (small) (h)	3/22/2019
7.69	Bates	Ypsilanti/MITS State (h)	2/23/2019
7.69	Asia Laurencin (Oak Park)11	Ypsilanti/Huron Relays (large)	3/23/2019
7.72	Amani Nuels (Jackson)12	Geneva/SPIRE Scholastic Showcase (h) ..	2/10/2019
7.74	Payten Williams (Bridgeport)12	Geneva/SPIRE Scholastic Showcase (h) ..	2/10/2019
7.74	Ava Qe'Neisha Young (East Kentwood)11	Ypsilanti/MITS State	2/24/2019
7.75	Madison Eaton (Lake Orion)12	Saginaw/MITS	1/19/2019
7.80	Reghan Draper (Plymouth)12	Ypsilanti/MITS State (s)	2/23/2019
7.80	Olivia Jenkins (Detroit Renaissance)9	Ypsilanti/MITS State	2/24/2019
7.82	Katy Rush (West Bloomfield)11	New York/New Balance Nationals	3/ 8/2019
7.83	Tori Carroll (Detroit Cass Tech)12	Ypsilanti/MITS State (s)	2/23/2019
7.85	Reynei Wallace (Mt Clemens Chippewa Valley)12	Ypsilanti/MITS State (s)	2/23/2019
7.86	Donae' Adams (Detroit Renaissance)12	Houston/Lewis Inv (s)	1/12/2019
7.88	Mededes Chandler (Wyoming Kelloggsville)11	Allendale/Laker Challenge 3-4	3/22/2019
7.91	Demetria Royster (Flushing)10	Saginaw/MITS (h)	2/16/2019
7.92	Taylor Korytkowski (Rockford)11	Hillsdale/Charger Elite	1/26/2019
7.92	Jade Sabir (Canton)12	Ypsilanti/MITS	2/ 2/2019

7.92	Mikaela Owen (Bridgman)11	Ypsilanti/MITS State	2/24/2019
7.93	Imani Jackson (Detroit Renaissance)11	Saginaw/MITS (h)	1/19/2019
7.95	Sa'Mya Fisher (Battle Creek Central)9s	Ypsilanti/MITS State	2/24/2019
7.96	Brooke Gray (Brighton)10	Lexington/UK Invitational (h)	2/16/2019
7.96	Hannah Bodus (Richland Gull Lake)11	Ypsilanti/MITS State (s).....	2/23/2019
7.98	Jada Sabir (Canton)12	Ypsilanti/MITS	2/ 2/2019
7.98	Trinity Bracey (East Kentwood)11	Saginaw/MITS (h)	2/ 2/2019
7.98	Melanie Sarafian (Northville)12	Ypsilanti/Huron Relays (large).....	3/23/2019

200 METERS

24.87	Chloe Vines (Oak Park)9	Ypsilanti/MITS	12/20/2018
24.94	Jade Sabir (Canton)12	Ypsilanti/MITS State	2/24/2019
24.95	Leeah Burr (Detroit Renaissance)9	Ypsilanti/MITS State	2/24/2019
25.01	Kaila Jackson (Detroit Renaissance)9	Hillsdale/Charger Elite.....	1/26/2019
25.12	Jackson	Ypsilanti/MITS	2/ 2/2019
25.49	Asia Laurencin (Oak Park)11	Ypsilanti/MITS	12/20/2018
25.57	Payten Williams (Bridgeport)12	New York/New Balance Nationals (h).....	3/ 8/2019
25.59	Brooke Gray (Brighton)10	Ypsilanti/MITS	12/15/2018
25.68	Jakarri Alven (GR Catholic Central)12	Hillsdale/Charger Qualifier	1/19/2019
25.72	Amani Nuels (Jackson)12	Hillsdale/Charger Elite.....	1/26/2019
25.74	Trinity Bracey (East Kentwood)11	Ypsilanti/MITS State	2/24/2019
25.84	Jada Sabir (Canton)12	Ypsilanti/MITS State	2/24/2019
25.94	Imani Jackson (Detroit Renaissance)11	Ypsilanti/MITS	2/ 2/2019
25.95	Aidia Adams (Saginaw)10	Ypsilanti/MITS State (h).....	2/23/2019
26.01	Reynei Wallace (Mt Clemens Chippewa Valley)12	Ypsilanti/MITS	12/15/2018
26.06	Taylor Korytkowski (Rockford)11	Hillsdale/Charger Elite.....	1/26/2019

Oversized Track:

24.52	Kaila Jackson (Detroit Renaissance)9	Saginaw/MITS.....	2/16/2019
24.61	Jackson	Geneva/SPIRE Scholastic Showcase	2/10/2019
25.07	Leeah Burr (Detroit Renaissance)9	Saginaw/MITS.....	2/16/2019
25.32	Amani Nuels (Jackson)12	Saginaw/MITS.....	1/12/2019
25.33	Jakarri Alven (GR Catholic Central)12	Allendale/adidas Open	1/12/2019
25.35	Aasia Laurencin (Oak Park)11	Geneva/SPIRE Scholastic Showcase	2/10/2019
25.41	Payten Williams (Bridgeport)12	Saginaw/SVSU D2	3/21/2019
25.46	Brooke Gray (Brighton)10	Lexington/UK Invitational	2/16/2019
25.53	Donae' Adams (Detroit Renaissance)12	Saginaw/MITS	2/16/2019
25.56	Aidia Adams (Saginaw)10	Saginaw/MITS.....	2/ 2/2019
25.59	Trinity Bracey (East Kentwood)11	Allendale/adidas Open	1/12/2019
25.65	Taylor Koytkowski (Rockford)11	Lexington/UK Invitational	2/16/2019
25.73	Caitlynn Bridges (West Bloomfield Abbott MS)8	Geneva/SPIRE Scholastic Showcase	2/10/2019

400 METERS

56.66	Chloe Vines (Oak Park)9	New York/New Balance Nationals	3/ 9/2019
56.84	Vines	Ypsilanti/MITS State	2/24/2019
56.95	Vines	New York/Bullis Invitational	1/26/2019
56.96	Leeah Burr (Detroit Renaissance)9	New York/New Balance Nationals	3/ 9/2019
57.87	Jada Roundtree (Oak Park)10	Ypsilanti/MITS	1/ 3/2019
58.01	Isabella Davis (Rochester Hills Stoney Creek)12	Ypsilanti/MITS State	2/24/2019
58.35	Tamyra Todd (Oak Park)9	Ypsilanti/MITS State	2/24/2019
58.39	Imani Jackson (Detroit Renaissance)11	Ypsilanti/MITS State	2/24/2019
58.59	Asia Smith (Flushing)12	Ypsilanti/MITS State	2/24/2019
58.91	Kourtney Kennard (Oak Park)11	New York/Bullis Invitational	1/26/2019
58.92	Donae' Adams (Detroit Renaissance)12	Ypsilanti/MITS State	2/24/2019
59.17	Lauryn Hunt (Saline)11	Ypsilanti/MITS	2/ 2/2019
59.18	Nonah Waldron (Farmington Hills Waldron MS)8	New York/Bullis Invitational	1/26/2019
59.26	Jayla Jones (Oak Park)11	Ypsilanti/MITS	2/ 2/2019
59.35	Mya Georgiadis (Ann Arbor Pioneer)9	New York/New Balance Nationals	3/ 9/2019
59.37	Emma Fountain (Ludington)12	Ypsilanti/MITS	2/ 2/2019
59.41	Jakarri Alven (GR Catholic Central)12	Grand Rapids/MITS	2/ 9/2019
59.69	Trinity Bracey (East Kentwood)11	Grand Rapids/MITS	2/ 9/2019

Oversized Track:

56.06	Chloe Vines (Oak Park)9	Lexington/UK Invitational	2/16/2019
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56.52	Imani Jackson (Detroit Renaissance)11	Saginaw/MITS.....	2/16/2019
56.63	Vines	Geneva/SPIRE Scholastic Showcase	2/10/2019
57.11	Leeah Burr (Detroit Renaissance)9	Geneva/SPIRE Scholastic Showcase	2/10/2019
57.26	Isabella Davis (Rochester Hills Stoney Creek)12	Lexington/UK Invitational	2/16/2019
57.51	Jakarri Alven (GR Catholic Central)12	Lexington/UK Invitational	2/16/2019
57.62	Donae' Adams (Detroit Renaissance)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
58.09	Lauryn Hunt (Saline)11	Saginaw/MITS.....	2/16/2019
58.10	Nonah Waldron (Farmington Hills Waldron MS)8	Geneva/SPIRE Scholastic Showcase	2/10/2019
58.10	Kourtney Kennard (Oak Park)11	Lexington/UK Invitational	2/16/2019
58.25	Taylor Korytkowski (Rockford)11	Lexington/UK Invitational	2/16/2019
58.34	Jada Roundtree (Oak Park)10	Saginaw/MITS.....	12/ 8/2018
58.40	Asia Smith (Flushing)12	Saginaw/MITS.....	2/16/2019
58.52	Tamyra Todd (Oak Park)9	Lexington/UK Invitational	2/16/2019
58.70	Nicole Morehouse (Royal Oak)10	Saginaw/MITS.....	1/19/2019
58.71	Jayla Jones (Oak Park)11	Saginaw/MITS.....	1/12/2019

800 METERS

2:13.90	Amber Gall (Shepherd)12 (65.4/68.5)	Ypsilanti/MITS State	2/24/2019
2:13.96	Zofia Dudek (Ann Arbor Pioneer)11	Ypsilanti/MITS	2/ 2/2019
2:14.68	Taryn Chapko (St Johns)11 (65.47/69.21)	New York/New Balance Nationals	3/10/2019
2:14.94	Gillian Fiene (Holland Christian)12	Ypsilanti/MITS State.....	2/24/2019
2:15.07	Chapko	Ypsilanti/MITS State	2/24/2019
2:15.13	Lauren Fulcher (Troy)12	New York/New Balance Nationals	3/ 8/2019
2:16.01	Chapko	Ypsilanti/MITS	2/ 2/2019
2:16.12	Margaret Coney (East Grand Rapids)11	New York/New Balance Nationals	3/ 8/2019
2:16.15	Dudek	Hillsdale/Charger Elite.....	1/26/2019
2:16.28	Caitlin Rose (Grand Blanc)12	New York/New Balance Nationals	3/10/2019
2:16.47	Elizabeth Dalrymple (Clarkston)12	New York/New Balance Nationals	3/ 8/2019
2:16.70	Victoria Heiligenthal (Milford)12	Ypsilanti/MITS State	2/24/2019
2:16.82	Judy Rector (Hanover-Horton)12	Ypsilanti/MITS	2/ 2/2019
2:17.11	Allison Rand (Jackson Lumen Christi)12	New York/New Balance Nationals	3/ 8/2019
2:17.66	Alison Ziehl (Rochester Hills Stoney Creek)12	Ypsilanti/MITS State	2/24/2019
2:18.15	Sophie Novak (Lake Orion)10	Ypsilanti/MITS State	2/24/2019
2:18.19	Jayla Jones (Oak Park)11	Ypsilanti/MITS State	2/24/2019
2:19.27	Erika Rapp (Pinckney)12	Ypsilanti/MITS	2/ 2/2019
2:19.71	Elizabeth Bulat (Clarkston)12	New York/New Balance Nationals	3/ 8/2019
2:20.12	Yasmine Mansi (Northville)10	Ypsilanti/MITS State	2/24/2019
2:20.18	Amanda Wood (Macomb Lutheran North)11	Ypsilanti/MITS State	2/24/2019
2:20.52	Lucy Petee (Mason)11	Ypsilanti/MITS State	2/24/2019
2:21.25	Mia Garcia (Pinckney)11	Ypsilanti/MITS	2/ 2/2019
2:21.32	Anna Petr (East Grand Rapids)11	Grand Rapids/Wendy's Challenge	3/26/2019
2:21.47	Maddie Brown (Brighton)12	Ypsilanti/MITS	2/16/2019
2:21.51	Abby Vanderkooi (Muskegon W Mich Christian)9	Grand Rapids/MITS	2/ 9/2019
2:21.73	Kayla Fortino (Saline)12	Ypsilanti/MITS	2/16/2019

Oversized Track:

2:14.61	Lauren Fulcher (Troy)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
2:15.06	Allison Rand (Jackson Lumen Christi)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
2:17.26	Amber Gall (Shepherd)12	Saginaw/MITS.....	1/19/2019
2:17.44	Judy Rector (Hanover-Horton)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
2:17.86	Victoria Heiligenthal (Milford)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
2:18.05	Taryn Chapko (St Johns)11	Allendale/Winter Classic	1/ 5/2019
2:18.16	Jayla Jones (Oak Park)11	Geneva/SPIRE Scholastic Showcase	2/10/2019
2:18.72	Margaret Coney (East Grand Rapids)11	Saginaw/MITS.....	1/19/2019
2:18.88	Elizabeth Dalrymple (Clarkston)12	Saginaw/MITS.....	1/19/2019
2:18.92	Caitlin Rose (Grand Blanc)12	Allendale/Winter Classic	1/ 5/2019
2:18.96	Yasmine Mansi (Northville)10	Saginaw/Distance Festival	2/ 9/2019
2:20.23	Alison Ziehl (Rochester Hills Stoney Creek)12	Saginaw/MITS.....	12/ 8/2018

1000 METERS

2:57.6#	Zofia Dudek (Ann Arbor Pioneer)11	New York/New Balance Nationals (1M).....	3/10/2019
3:00.6#	Dudek	Ypsilanti/MITS State (1600).....	2/24/2019
3:00.77#	Judy Rector (Hanover-Horton)12	New York/New Balance Nationals (1M).....	3/10/2019

3:02.0#	Audrey DaDamio (Birmingham Seaholm)10	Ypsilanti/MITS State (1600).....	2/24/2019
3:02.4#	Rylee Robinson (Waterford Mott)12	Ypsilanti/MITS State (1600).....	2/24/2019
3:03.1#	Caitlin Rose (Grand Blanc)12	Ypsilanti/MITS State (1600).....	2/24/2019
3:04.3#	Anastasia Tucker (Midland Dow)12	Ypsilanti/MITS State (1600).....	2/24/2019
3:04.3#	Jami Reed (Forest Hills Eastern)12	Ypsilanti/MITS State (1600).....	2/24/2019

Oversized Track:

2:51.04	Judy Rector (Hanover-Horton)12	Saginaw/Breen Elite.....	2/16/2019
2:53.27	Taryn Chapko (St Johns)11	Saginaw/Breen Elite.....	2/16/2019
2:53.45	Caitlin Rose (Grand Blanc)12	Saginaw/Breen Elite.....	2/16/2019
2:53.73	Sophie Novak (Lake Orion)10	Saginaw/Breen Elite.....	2/16/2019
2:55.71	Rylee Robinson (Waterford Mott)12	Saginaw/Breen Elite.....	2/16/2019
2:56.30	Lauren Fulcher (Troy)12	Saginaw/Breen Elite.....	2/16/2019
2:56.43	Elizabeth Dalrymple (Clarkston)12	Saginaw/Breen Elite.....	2/16/2019
2:56.64	Victoria Heiligenthal (Milford)12	Saginaw/Breen Elite.....	2/16/2019
2:56.96	Elizabeth Bulat (Rochester)12	Saginaw/Breen Elite.....	2/16/2019
2:57.51	Erika Rapp (Pinckney)12	Saginaw/Breen Elite.....	2/16/2019
2:58.18	Allison Rand (Jackson Lumen Christi)12	Saginaw/Breen Elite.....	2/16/2019

1500 METERS

4:25.47#	Zofia Dudek (Ann Arbor Pioneer)11	New York/New Balance Nationals (1M).....	3/10/2019
4:32.3#	Dudek	Ypsilanti/MITS State (1600).....	2/24/2019
4:35.89#	Ericka VanderLende (Rockford)12	Boston/NB Indoor GP (1M).....	1/26/2019
4:36.00#	Audrey DaDamio (Birmingham Seaholm)10	New York/New Balance Nationals (1M).....	3/10/2019
4:39.03#	Gabby Hentemann (Grand Haven)12	New York/New Balance Nationals (1M).....	3/10/2019
4:40.04#	Judy Rector (Hanover-Horton)12	New York/New Balance Nationals (1M).....	3/10/2019
4:40.48#	Sophie Novak (Lake Orion)10	New York/New Balance Nationals (1M).....	3/ 9/2019
4:42.82#	Caitlin Rose (Grand Blanc)12	New York/New Balance Nationals (1M).....	3/ 9/2019
4:46.65#	Madi Wood (Saline)9	New York/New Balance Nationals (1M).....	3/10/2019
4:47.64	Clara James-Heer (Grand Rapids MS)7	Staten Island/USATF Youth.....	3/16/2019
4:50.08#	Elizabeth Dalrymple (Clarkston)12	New York/New Balance Nationals (1M).....	3/ 9/2019

1600 METERS

4:43.23+	Zofia Dudek (Ann Arbor Pioneer)11 (70.1, 72.3, 71.0, 71.5)	New York/NB Nationals (4:44.88).....	3/10/2019
4:49.55	Dudek (70.7, 73.4, 73.9, 71.6)	Ypsilanti/MITS State.....	2/24/2019
4:53.59+	Audrey DaDamio (Birmingham Seaholm)10	New York/NB Nationals (4:55.30).....	3/10/2019
4:54.30+	Ericka VanderLende (Rockford)12	Boston/NB Indoor GP (4:56.01).....	1/26/2019
4:55.43	DaDamio	Ypsilanti/Huron Relays (large).....	3/23/2019
4:55.49	Rylee Robinson (Waterford Mott)12	Ypsilanti/MITS State.....	2/24/2019
4:55.98	DaDamio	Ypsilanti/MITS State.....	2/24/2019
4:56.30	Abby Vanderkooi (Muskegon W Mich Christian)9	Grand Rapids/MITS.....	2/ 9/2019
4:56.91+	Gabby Hentemann (Grand Haven)12	New York/NB Nationals (4:58.64).....	3/10/2019
4:57.87+	Sophie Novak (Lake Orion)10	New York/New Balance Nationals (4:59.60).....	3/ 9/2019
4:58.53	Robinson	Hillsdale/Charger Elite.....	1/26/2019
4:58.59	Caitlin Rose (Grand Blanc)12	Hillsdale/Charger Elite.....	1/26/2019
4:59.09	Dudek	Ypsilanti/MITS.....	12/15/2018
4:59.90	Jaden Theis (Lansing Catholic)11	East Lansing/True Team Inv.....	3/27/2019
5:02.27+	Judy Rector (Hanover-Horton)12	New York/NB Nationals (5:04.03).....	3/10/2019
5:04.17+	Madi Wood (Saline)9	New York/NB Nationals (5:05.94).....	3/10/2019
5:05.42	Adelyn Ackley (Hart)12	Grand Rapids/MITS.....	2/ 9/2019
5:06.36	Anastasia Tucker (Midland Dow)12	Ypsilanti/MITS State.....	2/24/2019
5:07.20	Jami Reed (Forest Hills Eastern)12	Ypsilanti/MITS State.....	2/24/2019
5:07.80	Taryn Chapko (St Johns)11	Hillsdale/Charger Elite.....	1/26/2019
5:08.68	Rylee Tolson (Stockbridge)9	Hillsdale/Charger Elite.....	1/26/2019
5:09.74+	Elizabeth Dalrymple (Clarkston)12	New York/New Balance Nationals (5:11.54).....	3/ 9/2019
5:09.88	Mia Garcia (Pinckney)11	Ypsilanti/MITS State.....	2/24/2019

Oversized Track:

4:53.10	Judy Rector (Hanover-Horton)12	Geneva/SPIRE Scholastic Showcase.....	2/10/2019
4:54.08+	Ericka VanderLende (Rockford)12	Allendale/Winter Classic (4:55.79).....	1/ 5/2019
4:56.37+	Amber Gall (Shepherd)12	Saginaw/Distance Festival (4:58.09).....	2/ 9/2019
4:56.79+	Zofia Dudek (Ann Arbor Pioneer)11	Allendale/Winter Classic (4:58.52).....	1/ 5/2019
4:56.87+	Audrey DaDamio (Birmingham Seaholm)10	Saginaw/Distance Festival (4:58.60).....	2/ 9/2019

4:57.83	Sophie Novak (Lake Orion)10	Geneva/SPIRE Scholastic Showcase	2/10/2019
4:58.38+	Caitlin Rose (Grand Blanc)12	Saginaw/Distance Festival (5:00.12)	2/ 9/2019
4:59.64	Clara James-Heer (Grand Rapids MS)7	Allendale/Winter Classic	1/ 5/2019
5:01.36	Elizabeth Dalrymple (Clarkston)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
5:02.38	Rylee Robinson (Waterford Mott)12	Saginaw/MITS	1/12/2019
5:02.52+	Kyla Christopher-Moody (West Bloomfield)12	Saginaw/Distance Festival (5:04.28)	2/ 9/2019
5:02.75+	Amber Gall (Shepherd)12	Allendale/Winter Classic (5:04.51)	1/ 5/2019
5:04.60+	Hannah Smith (Traverse City West)10	Allendale/Winter Classic (5:06.37)	1/ 5/2019
5:04.66	Ashlyn Nagel (Bay City Western)11	Saginaw/SVSU D1	3/20/2019
5:04.90	Julia Flynn (Traverse City Central)9	Allendale/Winter Classic	1/ 5/2019
5:05.12+	Gabby Hentemann (Grand Haven)12	Allendale/Winter Classic (5:06.89)	1/ 5/2019
5:05.40	Anastasia Tucker (Midland Dow)12	Saginaw/MITS	2/16/2019
5:05.46+	Alexa Keiser (Fenton)11	Allendale/Winter Classic (5:07.24)	1/ 5/2019

Mile – no conversions:

4:44.88	Zofia Dudek (Ann Arbor Pioneer)12	New York/New Balance Nationals	3/10/2019
4:55.30	Audrey DaDamio (Birmingham Seaholm)10	New York/New Balance Nationals	3/10/2019
4:58.64	Gabby Hentemann (Grand Haven)12	New York/New Balance Nationals	3/10/2019
4:59.60	Sophie Novak (Lake Orion)10	New York/New Balance Nationals	3/ 9/2019
5:04.03	Judy Rector (Hanover-Horton)12	New York/New Balance Nationals	3/10/2019
5:05.94	Madi Wood (Saline)9	New York/New Balance Nationals	3/10/2019

2000 STEEPLE

7:50.10	Jessica Denver (Imlay City)10	Mt Pleasant/MITS	1/16/2019
8:22.83	Abigail Kiaunis (Reed City)10	Mt Pleasant/MITS	1/16/2019
8:59.16	Summer Terpstra (Mt Pleasant West MS)7	Mt Pleasant/MITS	1/16/2019
9:06.46	Lauren Loveberry (Mt Pleasant)10	Mt Pleasant/MITS	1/16/2019

3000 METERS

9:56.44#	Noelle Adriaens (Pinckney)12	New York/New Balance Nationals (2M)	3/10/2019
10:05.65#	Anna Petr (East Grand Rapids)12	New York/New Balance Nationals (2M)	3/ 8/2019
10:08.16#	Adriaens	Hillsdale/Charger Open (3200)	1/ 5/2019
10:10.03#	Ashlyn Nagel (Bay City Western)11	New York/New Balance Nationals (2M)	3/ 8/2019
10:14.85#	Madeline Rehm (White Lake Lakeland)12	New York/New Balance Nationals (2M)	3/ 8/2019
10:19.1#	Alexa Keiser (Fenton)11	Ypsilanti/MITS State (3200)	2/23/2019
10:19.4#	Petr	Ypsilanti/MITS State (3200)	2/23/2019
10:19.55#	Adriaens	New York/New Balance Nationals (5K)	3/ 8/2019
10:19.68#	Kayla Fortino (Saline)12	New York/New Balance Nationals (2M)	3/ 8/2019
10:19.69+	Grace Nolan (Clarkston)12	New York/New Balance Nationals (5K)	3/ 8/2019
10:20.7#	Peyton Witt (Portage Northern)12	Ypsilanti/MITS State (3200)	2/23/2019

3200 METERS

10:34.24+	Noelle Adriaens (Pinckney)12	New York/NB Nationals (10:37.94)	3/10/2019
10:43.15+	Anna Petr (East Grand Rapids)12	New York/NB Nationals (10:46.90)	3/ 8/2019
10:47.17	Adriaens	Hillsdale/Charger Open	1/ 5/2019
10:48.67+	Ashlyn Nagel (Bay City Western)11	New York/NB Nationals (10:52.45)	3/ 8/2019
10:52.17+	Madeline Rehm (White Lake Lakeland)12	New York/NB Nationals (10:55.97)	3/ 8/2019
10:53.94	Alexa Keiser (Fenton)11	Ypsilanti/MITS State	2/23/2019
10:54.21	Petr	Ypsilanti/MITS State	2/23/2019
10:57.58+	Kayla Fortino (Saline)12	New York/NB Nationals (11:01.41)	3/ 8/2019
11:01.64	Peyton Witt (Portage Northern)12	Ypsilanti/MITS State	2/23/2019
11:01.65	Grace Nolan (Clarkston)12	Ypsilanti/MITS State	2/23/2019
11:02.98	Arianne Olson (Holland West Ottawa MS)8	Ypsilanti/MITS State	2/23/2019
11:05.15	Rylee Tolson (Stockbridge)9	Ypsilanti/MITS State	2/23/2019
11:09.84	Maddy Boyd (Alpena)12	Ypsilanti/MITS State	2/23/2019
11:11.91	Abby Inch (Farmington)12	Ypsilanti/MITS State	2/23/2019

Oversized Track:

10:02.81	Erica VanderLende (Rockford)12	Allendale/Gazelle Elite 3200	2/16/2019
10:04.18	Abby Vanderkooi (Muskegon W Michigan Christ)9	Allendale/Gazelle Elite 3200	2/16/2019
10:07.03	Zofia Dudek (Ann Arbor Pioneer)11	Allendale/Gazelle Elite 3200	2/16/2019
10:32.97	Audrey DaDamio (Birmingham Seaholm)10	Allendale/Gazelle Elite 3200	2/16/2019
10:41.75	Clara James-Heer (Grand Rapids MS)7	Allendale/Gazelle Elite 3200	2/16/2019
10:44.29	Alexa Keiser (Fenton)11	Allendale/Gazelle Elite 3200	2/16/2019

10:44.75 Anna Petr (East Grand Rapids)12
 10:46.81 Amber Gall (Shepherd)12
 10:47.01 Arianne Olson (Holland West Ottawa MS)8
 10:48.33 Ashlyn Nagel (Bay City Western)11
 10:54.06 Madeline Rehm (White Lake Lakeland)12
 10:59.44 Rylee Tolson (Stockbridge)9
 11:01.42 Peyton Witt (Portage Northern)12
 11:05.06 Jami Reed (Forest Hills Eastern)12
 11:07.24 Maddy Boyd (Alpena)12
 11:09.22 Kayla Fortino (Saline)12
 11:10.32 Reagan Justice (Salem)10

2 Miles – No conversions:

10:37.94 Noelle Adriaens (Pinckney)12 (5:16.3/5:21.6)
 10:46.90 Anna Petr (East Grand Rapids)12
 10:52.45 Ashlyn Nagel (Bay City Western)11
 10:55.97 Madeline Rehm (White Lake Lakeland)12
 11:01.41 Kayla Fortino (Saline)12

5000 METERS

17:11.47 Noelle Adriaens (Pinckney)12
 17:15.06 Grace Nolan (Clarkston)12

Oversized Track:

16:20.84 Ericka VanderLende (Rockford)12
 16:52.83 Clara James-Heer (Grand Rapids MS)7
 17:30.36 Grace Nolan (Clarkston)12
 18:03.10 Abby Inch (Farmington)12
 18:25.25 Anna Vogel (Ann Arbor Pioneer)11

55 HURDLES

7.68# Asia Laurencin (Oak Park)11
 7.77# Laurencin
 7.80# Laurencin
 7.92# Laurencin
 8.17# Madison Eaton (Lake Orion)12
 8.25# Sarinity Bracey (East Kentwood)11
 8.26# Melissa Symons (Lake Orion)12
 8.31# Ahvon Mitchell (Detroit Country Day)11
 8.32# Kaia Scheffler (Marysville)11
 8.60# Emon Miles (Oak Park)9
 8.61# Paige Chapman (Detroit Renaissance)12

60 HURDLES

8.25 Asia Laurencin (Oak Park)11
 8.32 Laurencin
 8.35 Laurencin
 8.35 Laurencin
 8.39 Laurencin
 8.48 Laurencin
 8.50 Laurencin
 8.52 Laurencin
 8.52 Laurencin
 8.55 Laurencin
 8.55 Laurencin
 8.59 Laurencin
 8.60 Laurencin
 8.62 Laurencin
 8.64 Laurencin
 8.66 Laurencin
 8.66 Laurencin
 8.67 Laurencin
 8.67 Laurencin
 8.76 Laurencin

Allendale/Gazelle Elite 3200 2/16/2019
 Allendale/Gazelle Elite 3200 2/16/2019
 Allendale/Gazelle Elite 3200 2/16/2019
 Allendale/Gazelle Elite 3200 2/16/2019
 Saginaw/MITS 1/19/2019
 Allendale/Gazelle Elite 3200 2/16/2019
 Allendale/Gazelle Elite 3200 2/16/2019
 Allendale/Gazelle Elite 3200 2/16/2019
 Allendale/Gazelle Elite 3200 2/16/2019
 Saginaw/MITS 1/19/2019
 Saginaw/Distance Festival 2/ 9/2019

New York/New Balance Nationals 3/10/2019
 New York/New Balance Nationals 3/ 8/2019
 New York/New Balance Nationals 3/ 8/2019
 New York/New Balance Nationals 3/ 8/2019
 New York/New Balance Nationals 3/ 8/2019

New York/New Balance Nationals 3/ 8/2019
 New York/New Balance Nationals 3/ 8/2019

Saginaw/Distance Festival 2/ 9/2019
 Saginaw/Distance Festival 2/ 9/2019
 Saginaw/Distance Festival 2/ 9/2019
 Saginaw/Distance Festival 2/ 9/2019
 Saginaw/Distance Festival 2/ 9/2019

New York/New Balance Nationals (60) (h) .. 3/ 9/2019
 New York/New Balance Nationals (60) 3/10/2019
 New York/New Balance Nationals (60) (s).. 3/10/2019
 New York/Bullis Invitational (60) 1/26/2019
 New York/New Balance Nationals (60) (h) .. 3/ 9/2019
 New York/New Balance Nationals (60) (h) .. 3/ 8/2019
 New York/New Balance Nationals (60) (h) .. 3/ 9/2019
 New York/New Balance Nationals (60) (h) .. 3/ 9/2019
 New York/New Balance Nationals (60) (h) .. 3/ 8/2019
 New York/New Balance Nationals (60) (h) .. 3/ 9/2019
 New York/New Balance Nationals (60) (h) .. 3/ 8/2019

New York/New Balance Nationals (h)..... 3/ 9/2019
 New York/New Balance Nationals (s)..... 3/10/2019
 New York/Bullis Invitational 1/26/2019
 New York/New Balance Nationals 3/10/2019
 Lexington/UK Invitational 2/16/2019
 Lexington/UK Invitational (h) 2/16/2019
 Ypsilanti/MITS State (h)..... 2/23/2019
 New York/Bullis Invitational (h) 1/26/2019
 Ypsilanti/MITS State 2/24/2019
 Geneva/SPIRE Scholastic Showcase 2/10/2019
 Ypsilanti/Huron Relays (large)..... 3/23/2019
 Saginaw/MITS 1/12/2019
 Geneva/SPIRE Scholastic Showcase (h)... 2/10/2019
 Ypsilanti/MITS 2/ 2/2019
 Saginaw/MITS (h) 1/12/2019
 Ypsilanti/MITS 1/ 3/2019
 Saginaw/MITS 1/19/2019
 Ypsilanti/MITS State (s)..... 2/23/2019
 Ypsilanti/Huron Relays (large) (h) 3/23/2019
 Ypsilanti/MITS 12/13/2018

8.78	Laurencin	Ypsilanti/MITS	1/ 5/2019
8.78	Madison Eaton (Lake Orion)12	Saginaw/MITS	1/19/2019
8.82	Kaia Scheffler (Marysville)11	Ypsilanti/Huron Relays (small)	3/22/2019
8.84	Ahvon Mitchell (Detroit Country Day)11	Ypsilanti/MITS State	2/24/2019
8.85	Melissa Simons (Lake Orion)12	Ypsilanti/MITS State	2/24/2019
8.87	Sarinity Bracey (East Kentwood)11	New York/New Balance Nationals (h)	3/ 8/2019
9.02	Paige Chapman (Detroit Renaissance)12	Ypsilanti/MITS State (s)	2/23/2019
9.04	Kennedy Jackson (Walled Lake Western)11	Ypsilanti/MITS State (s)	2/23/2019
9.12	Emon Miles (Oak Park)9	Ypsilanti/MITS State	2/24/2019
9.14	Grace Johnson (Troy)11	Ypsilanti/Huron Relays (large) (h)	3/23/2019
9.20	Corrina Courser (Wayland Union)11	Ypsilanti/MITS State (s)	2/23/2019
9.21	Lauren Fulcher (Troy)12	Ypsilanti/MITS State	2/24/2019
9.21	Cassandra Campbell (Fenton)12	Ypsilanti/MITS State	2/24/2019
9.34	Ashley Micheaux (Wayne Memorial)12	Ypsilanti/MITS	12/20/2018
9.50	Gabi Newman (Ann Arbor Pioneer)9	Ypsilanti/MITS State (h)	2/23/2019
9.50	Layla Hunt (East Kentwood)11	Grand Rapids/Wendy's Challenge	3/26/2019
9.51	Morgan Atlas (Oak Park)9	New York/Bullis Invitational	1/26/2019
9.61	Amethyst Millsap (Brown City)12	Saginaw/MITS	12/ 8/2018

HIGH JUMP

5-6	Lindsey Strutz (Hartland)11	Grand Rapids/MITS	1/26/2019
5-6	Elizabeth Knoll (Muskegon Mona Shores)11	Grand Rapids/MITS	1/26/2019
5-6	Knoll	Allendale/Gazelle Elite	2/16/2019
5-6	Bridget Kohane (GR West Catholic)12	Grand Rapids/Gardiner Inv	3/23/2019
5-5.5	Grace Williamson (Unionville-Sebewaing)10	Saginaw/SVSU D3-4	3/22/2019
5-5	Strutz	Saginaw/MITS	1/19/2019
5-5	Williamson	Saginaw/MITS	2/16/2019
5-5	Gabi Newman (Ann Arbor Pioneer)9	New York/New Balance Nationals	3/ 8/2019
5-5	Strutz	New York/New Balance Nationals	3/ 8/2019
5-5	Strutz	Saginaw/SVSU D1	3/20/2019
5-4.5	Jenna Doyle (Troy Athens)12	Ypsilanti/MITS	12/20/2018
5-4.5	Avery Budz (Dearborn Divine Child)11	Ypsilanti/MITS	12/20/2018
5-4	Elizabeth Knoll (Muskegon Mona Shores)11	Grand Rapids/MITS	2/ 9/2019
5-4	Ella Beringer (Grand Haven)12	Grand Rapids/MITS	2/ 9/2019
5-3	Felicity Sorenson (Ann Arbor Skyline)10	Saginaw/MITS	1/12/2019
5-2	Savannah McLaughlan (Macomb Dakota)12	Saginaw/MITS	12/ 8/2018
5-2	N'Stajah Banks (Oak Park)11	Saginaw/MITS	12/ 8/2018
5-2	Mary Lengemann (Imlay City)9	Saginaw/SVSU D2	3/21/2019

POLE VAULT

12-0	Cate Visscher (Livonia Churchill)12	Grand Rapids/MITS	2/ 9/2019
11-9	Sidney Heugel (Allendale)10	Ypsilanti/MITS State	2/24/2019
11-8.5	Nicole Bow (Dexter)12	New York/New Balance Nationals	3/ 8/2019
11-7	Tricia Pierce (Ortonville-Brandon)12	Ypsilanti/MITS	1/ 3/2019
11-7	Brianna Bredeweg (Allendale)11	Grand Rapids/MITS	1/15/2019
11-7	Sarah Griffin (Lake Orion)11	Ypsilanti/MITS	2/ 2/2019
11-6	Kaylee Koch (Macomb Dakota)12	Vermontville/MITS	12/15/2018
11-1	Katie Clifford (GR West Catholic)10	Allendale/Winter Classic	1/ 5/2019
11-0	Vanessa Wooley (Ann Arbor Pioneer)12	Saginaw/MITS	12/ 8/2018
11-0	Kaylee Koch (Macomb Dakota)12	Saginaw/MITS	12/ 8/2018
11-0	Josie Mettes (Dexter)10	Ypsilanti/MITS	2/16/2019

LONG JUMP

19-3.75	Kennedy Jackson (Walled Lake Western)11	Ypsilanti/MITS State	2/23/2019
18-7.75	Jackson	Ypsilanti/MITS State (!)	2/23/2019
18-5.25	Jackson	Lexington/UK Invitational	2/16/2019
18-3.5	Jackson	Ypsilanti/MITS	2/ 2/2019
18-3.25	Jackson	Hillsdale/Charger Elite	1/26/2019
18-1.75	Jackson	Lexington/UK Invitational (!)	2/16/2019
18-0.5	Tori Carroll (Detroit Cass Tech)12	Ypsilanti/MITS State	2/23/2019
17-11.5	Sarah Daniel (White Lake Lakeland)11	Lexington/UK Invitational	2/16/2019
17-11	Jessica Robach (Williamston)12	Grand Rapids/MITS	2/ 9/2019

17-6	Morgan Vargo (Rockford)10	Grand Rapids/MITS	2/ 9/2019
17-4	Clare McNamara (Northville)11	Ypsilanti/MITS	2/ 2/2019
17-4	Ava Qe'Neisha Young (East Kentwood)11	Grand Rapids/Wendy's Challenge	3/26/2019
17-3.25	Zoe Madden (Grosse Pointe North)11	Ypsilanti/Huron Relays (large).....	3/23/2019
17-3	Lizzy Bruxvoort (Holland Christian)12	Allendale/Winter Classic	1/ 5/2019
17-3	Ellie Fichtner (New Boston Huron)12	Ypsilanti/MITS State	2/23/2019
17-2.25	Jakarri Alven (GR Catholic)12	Grand Rapids/Gardiner Inv	3/23/2019
17-2	Brooke Russell (St Joseph)11	Allendale/Winter Classic	1/ 5/2019
17-2	Morgan Witzgall (Bay City Western)12	Saginaw/MITS	1/19/2019
17-1	Zariya Suggs (Berrien Springs)11	Allendale/Laker Challenge 3-4	3/22/2019
16-11.75	Autumn Glover (South Lyon East)11	Ypsilanti/MITS State	2/23/2019
16-11.25	Josei Ransley (Livonia Franklin)10	Ypsilanti/Huron Relays (large).....	3/23/2019
16-9.5	Robin LeFevere (Imlay City)12	Saginaw/SVSU D2	3/21/2019
16-8.5	Lauren Fulcher (Troy)12	Allendale/Winter Classic	1/ 5/2019
16-8.5	Kaylee Diamond (Lowell)10	Allendale/Laker Inv.....	3/21/2019
16-8	Ally McLouth (Addison)11	Allendale/adidas Open	1/12/2019
16-8	Demetria Royster (Flushing)10	Grand Rapids/MITS	2/ 9/2019
16-7	MaKayla Williams (Oak Park)9	Saginaw/MITS	12/ 8/2018

TRIPLE JUMP

36-4	Kennedy Jackson (Walled Lake Western)11	Ypsilanti/MITS State	2/23/2019
35-7.5	Jackson	Ypsilanti/MITS	2/ 2/2019
35-6.5	Mikayla Williams (St Charles)12	Saginaw/MITS	2/16/2019
35-1.5	Jackson	Ypsilanti/MITS State ().....	2/23/2019
34-6	Nicole Bow (Dexter)12	Ypsilanti/MITS State	2/23/2019
33-6.5	Brooke Russell (St Joseph)11	Allendale/Holiday Open.....	12/ 1/2018
33-5.5	Emma Mariott (Traverse City West)11	Allendale/Winter Classic	1/ 5/2019
33-5.5	Hailey Lewis (Perry)10	Allendale/Gazelle Elite	2/16/2019
33-4	Kaylin Meyers (Muskegon Mona Shores)11	Ypsilanti/MITS State	2/23/2019
33-3.5	Selina Shi (BH Cranbrook)12	Ypsilanti/MITS State	2/23/2019
33-1.5	Clare McNamara (Northville)11	Ypsilanti/MITS	2/ 2/2019
32-8.5	Anne Wong (Adrian Madison)12	Allendale/Holiday Open.....	12/ 1/2018
32-7	Kennedy Johnson (Johannesburg-Lewiston)9	Ypsilanti/MITS	1/ 3/2019
32-2	Ellie Fichtner (New Boston Huron)12	Ypsilanti/MITS State	2/23/2019
31-10.5	Claire Wan (Northville)12	Ypsilanti/MITS	2/ 2/2019
31-9	Emma Marriott (Traverse City West)11	Allendale/Gazelle Elite	2/16/2019
31-2	Tyler Fugate (Tecumseh)12	Ypsilanti/MITS State	2/23/2019
30-10.5	Kayla Adams (Auburn Hills Avondale)12	Saginaw/MITS	1/12/2019
30-4	Melanie Sarafian (Northville)12	Ypsilanti/MITS	2/ 2/2019

SHOT

44-9	Aliyah Boeve (Zeeland East)12	Allendale/Laker Inv.....	3/21/2019
44-2	Jasmine Clerkley (Okemos)11	East Lansing/True Team Inv.....	3/27/2019
43-8.5	Boeve	Allendale/Gazelle Elite	2/16/2019
43-5	Boeve	Mt Pleasant/MITS State	2/24/2019
42-2.75	Valadian Pallett (Farmington)10	Mt Pleasant/MITS State	2/24/2019
41-6.75	Sarah Marvin (Byron)10	Saginaw/SVSU D3-4.....	3/22/2019
40-5	Mahogany Wells (Lansing Sexton)12	Mt Pleasant/MITS.....	1/ 2/2019
40-2	Faith Weide (Alpena)12	Saginaw/MITS	1/19/2019
40-0	Ashley Micheaux (Wayne Memorial)12	Ypsilanti/MITS	2/16/2019
39-8	Taylor Waterway (Zeeland East)12	Mt Pleasant/MITS State	2/24/2019
38-11	Derin Adunbi (Ann Arbor Pioneer)12	Ypsilanti/MITS	2/ 2/2019
38-10.5	Lyniah Wilson (Salem)12	Saginaw/SVSU D1	3/20/2019
38-9.5	Mackenzie Ramey (Flint Kearsley)12	Saginaw/SVSU D2	3/21/2019
38-5	Lilly Livsey (Bloomington)12	Allendale/Gazelle Elite	2/16/2019

WEIGHT

52-10.5	Aliyah Boeve (Zeeland East)12	Mt Pleasant/MITS State	2/24/2019
51-7	Boeve	Mt Pleasant/MITS State (!).....	2/24/2019
50-0	Boeve	Grand Rapids/MITS	2/ 9/2019
49-6	Boeve	Allendale/adidas Open	1/12/2019
48-8	Boeve	Allendale/Gazelle Elite	2/16/2019

46-1	Boeve	Allendale/Winter Classic	1/ 5/2019
44-0.5	Taylor Waterway (Zeeland East)12	Mt Pleasant/MITS State	2/24/2019
43-8	Brooke Coulter (Rochester)11	Mt Pleasant/MITS State	2/24/2019
41-6	Valadian Pallett (Farmington)10	Mt Pleasant/MITS State	2/24/2019
39-5.75	Alysa Perez (Clarkston)12	Mt Pleasant/MITS State	2/24/2019
38-10	Mackenzie Lamphere (Jackson Christian)12	Mt Pleasant/MITS State	2/24/2019
38-8	Morgan Dodds (Canton)12	Mt Pleasant/MITS State	2/24/2019
38-2	Maya Reeve (White Cloud)11	Mt Pleasant/MITS State	2/24/2019
37-8	Mahogany Wells (Lansing Sexton)12	Allendale/Gazelle Elite	2/16/2019
37-7	Erica Martin (Detroit King)12	Warren/MITS	1/21/2019
37-1	Lilly Livsey (Bloomington)12	Mt Pleasant/MITS State	2/24/2019
35-11.25	Mackenzie Patten (Milford)11	Tiffin/HS Meet #4.....	2/10/2019
35-3.5	Emily Sheppard (Salem)11	Mt Pleasant/MITS State	2/24/2019
34-9	Victoria Mills (Grand Ledge)12	Grand Rapids/MITS	2/ 9/2019
33-11.5	Jimena Carmona (Sturgis)11	Mt Pleasant/MITS State	2/24/2019
32-6	Olivia Brasch (Plymouth)12	Allendale/Gazelle Elite	2/16/2019

4 x 200 RELAY

1:39.59	Oak Park (MCTC)	New York/New Balance Nationals (h).....	3/ 9/2019
	(Chloe Vines 25.0, Aasia Laurencin 24.2, Kourtney Kennard 25.29, Nstajah Banks 25.16)		
1:40.15	Detroit Renaissance (Track Life)	Ypsilanti/MITS State	2/23/2019
	(Imani Jackson 26.0, Donae' Adams 24.7, Leeah Burr 25.1, Kaila Jackson 24.4)		
1:41.01	Oak Park (MCTC)	New York/Bullis Invitational	1/26/2019
1:41.14	Detroit Renaissance (Track Life)	Houston/Lewis Inv	1/12/2019
1:41.57	Oak Park (MCTC)	Ypsilanti/MITS State	2/23/2019
	(Chloe Vines 25.3, Aasia Laurencin 25.2, Nonah Waldron 25.2, Kourtney Kennard 25.9)		
1:41.74	Oak Park (MCTC)	New York/New Balance Nationals	3/10/2019
	(Chloe Vines 25.4, Aasia Laurencin 25.3, Kourtney Kennard 25.57, Nstajah Banks 25.47)		
1:42.77	Detroit Renaissance	Ypsilanti/Huron Relays (small)	3/22/2019
1:43.50	Detroit Renaissance (Track Life)	Ypsilanti/MITS	12/15/2018
1:44.46	Oak Park	Ypsilanti/Huron Relays (large).....	3/23/2019
1:45.02	Ann Arbor Skyline (Tortoise & Hare)	Ypsilanti/MITS	2/16/2019
1:45.82	Saginaw (Green Steele)	Ypsilanti/MITS	1/ 5/2019
1:48.05	Grand Blanc	Ypsilanti/Huron Relays (large).....	3/23/2019
1:48.59	Ann Arbor Pioneer (Purple)	Ypsilanti/MITS	2/16/2019
1:49.40	Northville (6 Mile)	Ypsilanti/MITS State	2/23/2019
1:50.34	Williamston	East Lansing/True Team Inv	3/27/2019
1:50.42	Ann Arbor Huron (AAY)	Ypsilanti/MITS State	2/23/2019
1:50.53	Plymouth	Ypsilanti/Huron Relays (large).....	3/23/2019

Mixed Teams:

1:43.77	Tone-Up Elite #	Ypsilanti/MITS State	2/23/2019
1:43.81	People's Choice #	Ypsilanti/MITS	2/16/2019
1:44.18	Grand Rapids TC #	Ypsilanti/MITS State	2/23/2019
1:45.76	Grand Rapids Fire #	Ypsilanti/MITS	1/ 5/2019
1:46.80	Elite Performance #	Ypsilanti/MITS State	2/23/2019
1:48.49	MMTc #	Ypsilanti/MITS State	2/23/2019
1:50.08	Michigan Mustangs #	Ypsilanti/MITS State	2/23/2019
1:50.09	Southwest Be 3 #	Ypsilanti/MITS State	2/23/2019
1:50.31	All About Speed #	Ypsilanti/MITS State	2/23/2019
1:50.73	Michigan All-Stars #	Ypsilanti/MITS State	2/23/2019

Oversized Track:

1:38.49	Track Life (Detroit Renaissance)	Geneva/SPIRE Scholastic Showcase	2/10/2019
1:38.75	Track Life (Detroit Renaissance)	Saginaw/MITS.....	1/19/2019
1:43.66	Maximum Output #	Geneva/SPIRE Scholastic Showcase	2/10/2019
1:45.76	Green Steel #	Saginaw/MITS	1/19/2019
1:51.71	MMTC #	Saginaw/MITS	1/19/2019
1:52.66	Bee Fast #	Allendale/Gazelle Elite	2/16/2019
1:52.73	Breen #	Saginaw/MITS.....	1/19/2019

4 x 400 RELAY

3:47.07	Oak Park (MCTC)	New York/New Balance Nationals	3/10/2019
	(Chloe Vines 57.24, Jayla Jones 55.94, Kourtney Kennard 57.75, Tamyra Todd 56.14)		

3:51.81	Detroit Renaissance (Track Life)	New York/New Balance Nationals	3/10/2019
	(Imani Jackson 57.25, Kynnedee Cowles 61.39, Donae' Adams 56.55, Leeah Burr 56.62)		
3:53.45	Oak Park (MCTC)	Ypsilanti/MITS State	2/24/2019
	(Jayla Jones 58.6, Kourtney Kennard 58.9, Tamyra Todd 59.2, Chloe Vines 56.8)		
3:55.57	Detroit Renaissance (Track Life)	Ypsilanti/MITS State	2/24/2019
	(Imani Jackson, Donae' Adams, Kynnedee Cowles, Leeah Burr)		
3:55.83	Detroit Renaissance	Ypsilanti/Huron Relays (small)	3/22/2019
3:56.03	Oak Park (MCTC)	New York/Bullis Invitational	1/26/2019
3:59.52	Oak Park (MCTC)	Ypsilanti/MITS	12/15/2018
4:00.10	Detroit Renaissance (Track Life)	Houston/Lewis Inv	1/12/2019
4:00.65	Oak Park	Ypsilanti/Huron Relays (large)	3/23/2019
4:04.73	Oak Park (MCTC)	Ypsilanti/MITS State	2/24/2019
4:06.63	Ann Arbor Pioneer (Purple)	Ypsilanti/MITS State	2/24/2019
4:07.81	Ann Arbor Skyline (Tortoise & Hare)	Ypsilanti/MITS State	2/24/2019
4:09.46	Lake Orion	Ypsilanti/Huron Relays (large)	3/23/2019
4:11.73	Northville	Ypsilanti/Huron Relays (large)	3/23/2019
4:13.37	Grand Blanc	Ypsilanti/Huron Relays (large)	3/23/2019
4:13.49	Brighton (B-Force)	Ypsilanti/MITS State	2/24/2019
4:19.01	Okemos	East Lansing/True Team Inv	3/27/2019
4:20.07	Dearborn Divine Child	Ypsilanti/Huron Relays (small)	3/22/2019

Mixed Teams:

4:05.00	Gill #	Ypsilanti/MITS State	2/24/2019
4:05.00	Breen #	Ypsilanti/MITS State	2/24/2019
4:07.59	Peoples Choice	Ypsilanti/MITS State	2/24/2019
4:11.78	MMTC #	Ypsilanti/MITS State	2/24/2019
4:12.08	Maximum Output #	Hillsdale/Charger Open	1/ 5/2019
4:16.22	People's Choice #	Ypsilanti/MITS	2/ 2/2019
4:16.88	Dearborn TC #	Ypsilanti/MITS State	2/24/2019
4:18.56	Mansi #	Grand Rapids/MITS	1/26/2019
4:18.93	Elite Performance #	Ypsilanti/MITS State	2/24/2019
4:19.32	Tone Up Elite #	Ypsilanti/MITS State	2/24/2019

Oversized Track:

3:50.75	Motor City (Oak Park)	Geneva/SPIRE Scholastic Showcase	2/10/2019
	(Chloe Vines, Jayla Jones, Nonah Waldron, Tamyra Todd)		
3:53.82	Track Life (Detroit Renaissance)	Geneva/SPIRE Scholastic Showcase	2/10/2019
	(Donae' Adams, Leeah Burr, Paige Chapman, Kynnedee Cowles)		
3:54.09	Motor City (Oak Park)	Saginaw/MITS	1/19/2019
3:54.19	Motor City (Oak Park)	Lexington/UK Invitational	2/16/2019
3:55.19	Motor City (Oak Park)	Saginaw/MITS	1/12/2019
4:06.64	Tortoise & Hare (Skyline)	Saginaw/MITS	1/12/2019
4:08.84	Breen #	Saginaw/MITS	1/19/2019
4:09.02	Elite Performance #	Saginaw/MITS	1/12/2019
4:13.37	Degeneration X (Bay City Western)	Saginaw/MITS	2/ 2/2019
4:15.04	Golden Geese (Shepherd)	Saginaw/MITS	1/19/2019
4:17.30	MMTC #	Saginaw/MITS	2/16/2019
4:18.84	Green Steel #	Saginaw/MITS	1/12/2019

4 x 800 RELAY

9:33.98	Bay City Western (Degeneration X)	Ypsilanti/MITS State	2/24/2019
9:37.76	Saline (Spirit of Pre)	Ypsilanti/MITS State	2/24/2019
9:43.23	Ann Arbor Skyline (Tortoise & Hare)	Ypsilanti/MITS State	2/24/2019
9:50.64	Ann Arbor Pioneer (Purple)	Ypsilanti/MITS	2/ 2/2019
9:50.92	Shepherd (Golden Geese)	Ypsilanti/MITS	2/ 2/2019
9:51.20	Northville	Ypsilanti/Huron Relays (large)	3/23/2019
9:54.90	Saugatuck (Douglas RC)	Ypsilanti/MITS State	2/24/2019
9:58.74	Romeo (Runners High)	Ypsilanti/MITS State	2/24/2019
10:00.66	Holland West Ottawa (Big Red)	Ypsilanti/MITS State	2/24/2019
10:01.84	Bloomfield Hills (Performance)	Ypsilanti/MITS State	2/24/2019
10:02.39	Midland Dow (TC)	Ypsilanti/MITS State	2/24/2019

Mixed Teams:

9:16.39	Breen #	Ypsilanti/MITS State	2/24/2019
9:40.49	Golden Geese #	Ypsilanti/MITS State	2/24/2019

Oversized Track:

9:27.21	Breen #	Geneva/SPIRE Scholastic Showcase	2/10/2019
9:49.76	Spirit of Pre (Saline)	Saginaw/Distance Festival	2/ 9/2019
9:54.11	Degeneration X (Bay City Western)	Saginaw/MITS	2/ 2/2019
9:54.43	D3 #	Allendale/adidas Open	1/12/2019

4 x MILE

21:47.42	Spirit of Pre (Saline)	New York/New Balance Nationals	3/ 8/2019
	(Nicole Dillmann 5:34.84, Kayla Fortino 5:13.39, Madison Stern 5:44.99, Madi Wood 5:14.20)		

1200 SPRINT MEDLEY

3:08.41	East Kentwood	Grand Rapids/Wendy's Challenge	3/26/2019
3:09.40	East Grand Rapids	Grand Rapids/Wendy's Challenge	3/26/2019

SPRINT MEDLEY

4:07.32	Ann Arbor Pioneer (Purple TC)	New York/New Balance Nationals	3/ 9/2019
	(Justice Jackson 26.4, Gabi Newman 27.8, Mya Georgiadis 58.80, Zofia Dudek 2:14.40)		
4:07.74	Oak Park (MCTC)	New York/New Balance Nationals	3/ 8/2019
	(Morgan Atlas, Janae Barksdale, Tamyra Todd 58.46, Jayla Jones 2:17.00)		
4:08.92	Oak Park (MCTC)	Ypsilanti/MITS State	2/23/2019
	(Tamyra Todd, Morgan Atlas, N'Stajah Banks, Jayla Jones)		
4:12.21	Ann Arbor Pioneer (Purple)	Ypsilanti/MITS State	2/23/2019
	(Mya Georgiadis, Justice Jackson, Gabi Newman, Zofia Dudek)		
4:13.87	Oak Park (MCTC)	Ypsilanti/MITS	2/ 2/2019
4:15.11	Rochester Hills Stoney Creek (Breen)	New York/New Balance Nationals	3/ 9/2019
	(Samantha Moroschan, Jessica Schamanel, Bella Davis 57.15, Allison Ziehl 2:20.43)		
4:17.08	Ann Arbor Pioneer (Purple)	Ypsilanti/MITS	2/ 2/2019
4:18.38	Shepherd (Golden Geese)	Ypsilanti/MITS State	2/23/2019
4:19.96	Rochester (Breen)	New York/New Balance Nationals	3/ 8/2019
	(Jenna Arnold, Camryn Remick, Maya Smith 61.27, Elizabeth Bulat 2:17.78)		
4:20.79	Ann Arbor Skyline (Tortoise & Hare)	Ypsilanti/MITS	2/ 2/2019
4:21.07	Saline (Spirit of Pre)	Ypsilanti/MITS State	2/23/2019
4:22.47	Detroit Renaissance (Track Life)	Ypsilanti/MITS State	2/23/2019
4:36.25	Alpena (The Woods)	Ypsilanti/MITS State	2/23/2019
4:37.45	St Louis (Pace Pushers)	Ypsilanti/MITS State	2/23/2019

Mixed Teams:

4:16.28	Waza TC #	Ypsilanti/MITS State	2/23/2019
4:19.95	Prime Time Performance #	Ypsilanti/MITS State	2/23/2019
4:21.91	MMTC #	Ypsilanti/MITS State	2/23/2019
4:28.03	Dearborn TC #	Ypsilanti/MITS State	2/23/2019
4:34.40	Michigan Mustangs #	Ypsilanti/MITS	2/ 2/2019
4:35.27	Blazers #	Ypsilanti/MITS	2/16/2019

Oversized Track:

4:15.89	Prime Time Performance #3	Saginaw/MITS	1/12/2019
4:17.33	Breen #	Saginaw/MITS	1/12/2019
4:20.95	Speed Academy #	Saginaw/MITS	2/16/2019
4:21.02	Track Life (Renaissance)	Saginaw/MITS	2/16/2019
4:28.73	TVC Elite #	Saginaw/MITS	2/16/2019
4:31.68	Pace Pushers #	Saginaw/MITS	2/16/2019
4:31.99	Dearborn TC #	Saginaw/MITS	1/12/2019
4:36.29	Golden Geese (Shepherd)	Saginaw/MITS	2/16/2019

DISTANCE MEDLEY

11:56.24	Ann Arbor Pioneer (Purple TC)	New York/New Balance Nationals	3/ 8/2019
	(Sarah Forsyth 3:41.96, Mya Georgiadis 58.42, Lydia Valtadoros 2:26.57, Zofia Dudek 4:49.29)		
12:12.15	Ann Arbor Pioneer (Purple)	Ypsilanti/MITS State	2/23/2019
	(Sarah Forsyth 3:50.1, Justice Jackson 62.2, Lydia Valtadoros 2:29.1, Zofia Dudek 4:50.8)		
12:13.99	Lake Orion (Lake Orion)	New York/New Balance Nationals	3/ 8/2019
	(Allison Sherman 3:50.32, Melissa Symons 61.91, Josephine Arnold 2:22.83, Sophie Novak 4:58.33)		
12:23.64	Ann Arbor Pioneer (Purple)	Ypsilanti/MITS	1/11/2019
12:27.46	Saline (Spirit of Pre)	Ypsilanti/MITS	2/ 2/2019
	(Madison Wood 3:41.2, Suzanne Chuparkoff 62.5, Ella Woehlke 2:29.8, Kayla Fortino 5:14.0)		

12:31.95	Bay City Western (Degeneration X)	Ypsilanti/MITS State	2/23/2019
12:44.57	Ann Arbor Skyline (Tortoise & Hare)	Ypsilanti/MITS State	2/23/2019
12:48.55	Lake Orion	Ypsilanti/Huron Relays (large)	3/23/2019
12:50.73	Northville	Ypsilanti/Huron Relays (large)	3/23/2019
12:51.00	Traverse City Central (TC)	Ypsilanti/MITS State	2/23/2019
12:58.32	Midland Dow (TC)	Ypsilanti/MITS State	2/23/2019
13:15.44	Bloomfield Hills (Performance)	Ypsilanti/MITS State	2/23/2019
13:20.85	Saugatuck (Douglas RC)	Grand Rapids/MITS	2/ 9/2019
Mixed Teams:			
12:03.96	Breen # (Elizabeth Dalrymple 3:39.4, Shae Harbaugh 59.9, Lauren Fulcher 2:19.8, Sophie Novak 5:04.9)	Ypsilanti/MITS State	2/23/2019
12:30.34	Waza TC #	Ypsilanti/MITS State	2/23/2019
12:42.28	Petoskey TC #	Ypsilanti/MITS State	2/23/2019
12:56.01	Elite Performance #	Ypsilanti/MITS State	2/23/2019
Oversized Track:			
12:38.71	Breen #	Saginaw/MITS	1/12/2019
12:40.42	Degeneration X (Bay City Western)	Saginaw/Distance Festival	2/ 9/2019
12:42.11	Spirit of Pre (Saline)	Saginaw/MITS	1/12/2019
12:59.31	UP Club #	Saginaw/MITS	1/12/2019
12:59.82	Snow Dogs (Traverse City Central)	Saginaw/MITS	2/16/2019
13:02.58	Tortoise & Hare (Skyline)	Saginaw/MITS	1/12/2019
13:05.53	Yellow #	Saginaw/MITS	2/16/2019
13:12.71	Chasing The Dream #	Saginaw/MITS	1/12/2019
13:14.51	Petoskey TC #	Saginaw/MITS	2/16/2019
13:19.21	509 #	Saginaw/Distance Festival	2/ 9/2019